

# WHAT IS INCLUSIVE LANGUAGE



## What not to say...

**Crazy/Psycho/Delusional/Insane**

**Addict/Druggie/Junkie**

**Suffers/Afflicted/Victim**

**Handicapped**

**People with disabilities/People who have autism**

**Non-compliant/Failed treatment**

**Narcissistic/Narcissist**

## Use these instead...

Outrageous/Ridiculous/Shocking/Disgraceful/  
Appalling/Atrocious/Terrible/Absurd

Struggling with substance misuse/Patient with  
substance use disorder

Navigates/Has/Lives with

Accessible

Disabled people/Autistic People

WHY the patient is unable to take medicine  
consistently/Treatment failed the patient

Manipulative/Egotistical

## Important to remember:

If the individual you are speaking with prefers to be referred to as something specific, always use the language they prefer. DO NOT police their language.